

Dr Monica Peres Oikeh is a GP working in Cork.

She attended Trinity College Dublin. While in college, she was part of the SUAS society, helping refugees with their transition to Ireland and learning English language. She was also a mentor with the student-to-student programme helping First Year medical students settle into college. She was the Secretary of the Afro-Caribbean Society in TCD for two years. All of these extra-curricular activities earned her a place in Trinity College Dean's Roll of Honour in 2012 and 2013.

She graduated college in 2014 and was the only black-Irish graduate in her year. She did her internship between Cork and Kerry and then moved to Tipperary where she worked as an SHO in general medicine.

She applied to the General Practice Scheme, as this has been a specialty she has been interested in ever since she spent some time in a GP practice in Donegal as a medical student, and entered the Cork GP Scheme in 2016. She worked in various specialties as part of her training, followed by two years as a GP Registrar.

During this time she developed a special interest in women's health and has a significant online profile where she promotes health awareness in general: [@blondieperes](#)

She graduated as a GP in July 2020 and was the only black-Irish graduate on the scheme. She hopes that there will be more diversity in general practice in Ireland.

She is a regular contributor on medical matters on Virgin Media's IrelandAM show and has also presented a women's health series on RTE. She was the recent winner of the 2023 Hayu Wellness InstaStar Award, and has been named in the Irish Examiner's 100 Women of 2022 and 2023.

in Dundalk Institute of Technology on the Certificate in Fundamentals in responding to Domestic Abuse (Level 8).