Dr Niamh Lynch graduated from University College Cork in 1998, with the James M O Donovan Medical Prize, The Pearson Medal for Surgery, and the John Kelly Prize for Clinical Surgery.

Dr Lynch began her paediatric training in Dublin in Temple St Children's Hospital in 1999.

In 2003, Dr Lynch travelled to Kathmandu, Nepal, as a United Nations Volunteer. She spent the year working with UNICEF on a project working with local female leaders, from the remote foothills of the Himalayas to the crowded lowlands bordering India.

In 2005, Dr Lynch undertook a two-year paediatric neurology fellowship in Vancouver, Canada, and developed an interest neonatal neurology, and also in the long-term effects of concussion in older children. She returned to work in Our Lady's Children's Hospital, Crumlin, working as the RCSI clinical tutor. She completed her specialist registrar training in 2008 and worked for a time as a locum consultant in Crumlin. In 2010 she was awarded the Denis O Brien Fellowship, and moved to Cork with her husband and young family to undertake research into seizure activity in newborns with hypoxic brain injury.

In 2012, Dr Lynch began her job as consultant paediatrician in the Bon Secours Hospital, Cork. She strives to provide an efficient but compassionate service to the children of Cork. In 2016 she established Ireland's first paediatric concussion clinic and travelled to UPMC in Pittsburgh to train in a world leading establishment. In the past four years she has helped many children recover from concussion and successfully return to sport and normal life.

During the pandemic, and since, Dr Lynch has provided online education and information on child health and safety through her <u>social media presence</u>.