

Dr Caoimhe Hartley

Caoimhe is a GP and Women's Health Specialist, responsible for establishing the Complex Menopause Service in The Rotunda Hospital in Dublin and the Menopause Health Clinic in Dalkey.

Caoimhe is from Dublin and graduated from medicine in UCD in 2007. After completing her internship, she travelled to New Zealand with a group of Irish doctors where she spent a year working, travelling (and having fun!). She was offered a place on the South East GP training scheme and returned home to Ireland in 2009.

Her first rotation was in St Luke's Hospital in Kilkenny where she met her now husband, a fellow GP trainee. They were married in 2012 and embarked on a new adventure by moving to Alberta, Canada in 2014.

In Canada, Caoimhe worked in a large dedicated Women's Health Clinic taking referrals from surrounding hospitals and GP practices. She was inspired by the women she worked with; by their commitment to learning and to delivering a high standard of patient care.

While in Canada, she undertook extra training through the North American Menopause Society and developed a specialist menopause service in her Women's Health Clinic. She also worked in a large fertility clinic which was helpful to further broaden her women's health experience.

It was a busy five years in Canada with the arrival of twin daughters in 2015. Their little boy was born in 2019, a few weeks before moving back home to Ireland. In 2021, Caoimhe opened Menopause Health, a dedicated menopause clinic based in Dalkey. She is accredited through the British Menopause Society and became one of the first BMS-registered trainers in Ireland. She is the Clinical Lead of the Complex Menopause Service in the Rotunda Hospital and is involved in teaching through the Irish College of General Practice, teaching in the Community Gynaecology Course and was an author of the Quick Reference Guide on Menopause. She is delighted to be on the advisory board of the European Menopause Society and has contributed to educational resources the society has produced.

Caoimhe has been honoured to be involved in many media and educational events as a speaker on the topic of women's health and menopause.

Caoimhe is an advocate for the development of Women's Health in Ireland and is driven to promote education and advancement in this area. She is kept busy by her three small children and two large dogs. She now lives in Co. Wicklow and spends her spare time chasing both dogs and children across the blustery beaches in Greystones.



