

## **#SundayWiMIN23 Week 7: Dr Evelyn Murphy**

Dr Evelyn Murphy is a proud Clare woman from Sixmilebridge who graduated from UCC in 2011. She completed internship in the Mater Misericordiae University Hospital. She decided to work in Adelaide, Australia for a year after internship, having deferred a place on the ED training programme. At this stage her love of travelling and challenges developed, having trekked to Everest Base camp and completed the Trans-Siberian train voyage.

Initially Evelyn started the emergency medicine programme but decided to move to orthopaedic surgery after completing a six month stint with the department in Galway University Hospital. Emergency medicine is dynamic and challenging; but a desire to treat the orthopaedic injuries specifically prevailed. This led to a stand-alone role where she started as house officer but was elevated to registrar within this year. This challenge prompted Evelyn to pursue a career in surgery. She joined the BST in 2015 and the HST in 2017. She rotated throughout Limerick, Galway, Cappagh, Tallaght, Crumlin, Cork, Navan, Drogheda, St Vincent's and back to Galway for her final year.

Evelyn has an interest in medical education having worked as a tutor with Galway University Hospital while completing a Masters in Surgery. She has also completed a medical education diploma and teaches on ATLS courses and is involved in delivering teaching to all peers. She has also completed a sports medicine diploma and a certificate in healthcare management. These experiences have encouraged her to engage with the universities affiliated with the hospitals she has rotated through.

Dr Murphy has a strong research focus having completed numerous research projects, which have won prizes nationally and internationally. She has supported junior colleagues completing projects and supervising and advising on masters projects. She has won the Cappagh National Residents prize and her research has been recognized at the British Orthopaedic Association as well.

In her free time Evelyn enjoys hiking, windsurfing, travelling and GAA. She has trekked in Patagonia, windsurfed in South Africa and enjoyed travelling through China and Mongolia. She supports the Sixmilebridge hurling and camogie teams.

At present Evelyn is in her last six months of higher specialist training in the Trauma and Orthopaedic programme. Orthopaedics is traditionally a male-dominated speciality however it is important to highlight that there are many successful orthopaedic consultants who are pioneering in their fields. She has recently been awarded the PROGRESS in Surgery Award. This is facilitated by Olympus and allows freedom to complete a fellowship with funding. Evelyn is interested in promoting inclusion and gender diversity in surgery. Her fellow class mate in UCC, Ms. Christina Fleming, also won the award the year previously. She will commence a fellowship in Sydney, Australia specializing in foot and ankle surgery. This will include minimally-invasive techniques, sports injuries, complex deformity as well as ankle replacements. She intends to return and practice as a consultant with a research and education focus.