

Nicola graduated from UCD Medicine 1993 and completed her hospital Scheme GP training in Northern Ireland and then GP placement in Edinburgh. Nicola married classmate Eddie Daly and they returned to Ireland to start their family and GP careers in North Wicklow 1998.

Nicola began working for Dr Pat Foy in Greystones 1999 and bought the practice with her new partner Dr Ciara Kelly in 2004. They named the practice "Carrig Clinic", computerised the records and took on GMS contracts to accommodate all patients. The early years of Carrig Clinic were intensely busy for both Nicola and Ciara working full-time with young children at home. The practice evolved to include a Practice Nurse and subsequently a third Partner, John O'Keeffe, and they became a training Practice.

Nicola had become focused on Sexual and Reproductive Health during GP training and completed DRCOG prior to MRCGP in 1998. After returning to Ireland she attended practical training sessions in IFPA to achieve Certificate in Family Planning and subsequently LARC Certificate and LARC Tutor with ICGP. An interest in working with victims of sexual assault inspired study in Forensic Medicine in UCD where she completed a Masters in Forensic Medicine. She has worked in SATU Rotunda. Further study in Menopause with British Menopause Society and Gynaecology Ultrasound with UCD have been valuable in caring for women in General Practice and also in GP-led hospital clinics for IUD procedures and Complex Menopause Care .

Nicola has had an enduring commitment to Continuous Medical Education. She joined Wicklow ICGP Faculty in 1999 and became tutor for Merrion Faculty and remains a group leader in Merrion Faculty where GPs meet monthly to update topics in General Practice. She has worked with ICGP training GPs in Women's Health and is an RCSI GP Trainer.

Nicola continues to work with Inclusion Health in Safetynet and as a Forensic Medical Examiner for Spirasi providing assessments of people who have been victims of torture. She is currently studying Infectious diseases which will be useful for future humanitarian positions outside Ireland.

When possible, Nicola has enjoyed travelling with Earth's Edge as Expedition Doctor to destinations including Kilimanjaro, Machu Pichu and Everest Basecamp. GP experience is ideal for this role, and it provides an incredible opportunity to travel to such spectacular locations.

At present she balances her role in General Practice with GP Led clinics in National Maternity Hospital, Safetynet and Spirasi while continuing Medical Education as CME Faculty group leader, GP Trainer, Menopause trainer and ICGP LARC tutor. Her husband Eddie and adult children Ursula, Oscar and Frank have endured this inconvenience with easy grace.

